

This	is	to	certify	that
A AAAM			WWA SAA 7	STT PAR

V	YSAKH P.RAVI	CHANDRAN	of class	BVOC	
Reg. No	CCASBVI022	_completed the	value added course in		
	Managin	ng Emotions in Tim	es of Uncertainty and Stress		conducted by
		English		held on	2019-2020

at Christ College (Autonomous), Irinjalakuda.











This is to certify that	certify that
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	VISHNU	T.B	of class	BVOC	
Reg. No	CCASBVI021	_completed th	e value added course in		
	Managing Emotions in Times of Uncertainty and Stress				conducted by
		English		held on_	2019-2020

at Christ College (Autonomous), Irinjalakuda.

Mr. Shinto V P





SOURAV K M		of class	BVOC		
Reg. No	CCASBVI020	CCASBVI020 completed the value added course in			
	Managir	g Emotions in Times of	Uncertainty and Stress		conducted by
English			held on	2019-2020	

Mr. Shinto V P
Co-ordinator







	SHARON S	HOBY	of class	BVOC	
Reg. No	CCASBVI019	completed the value added course in			
	Managir	ng Emotions in T	Times of Uncertainty and Stress		conducted by
		English		held on	2019-2020

Mr. Shinto V P Co-ordinator



Fr. Dr. Jolly Andrews Assistant Professor-In-charge of Principal Christ College (Autonomous)



	SALIH	KS of class	BVOC	
Reg. No	CCASBVI018	_completed the value added co	urse in	
	Managir	g Emotions in Times of Uncertainty a	nd Stress	conducted by
		English	held on	2019-2020

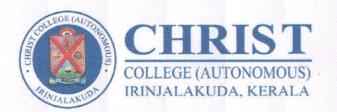
Mr. Shinto V P

This is to sortify that



Fr. Dr. Jolly Andrews
Assistant ProfessorIn-charge of Principal
Christ College (Autonomous)

Irinjalakuda



This is to c	ertify that				
	SAFVAN	PH	of class	BVOC	
Reg. No	CCASBVI017	_completed the val	ue added course in		
	Managir	ng Emotions in Times of	f Uncertainty and Stress		conducted by
		English		held on	2019-2020

at Christ College (Autonomous), Irinjalakuda.

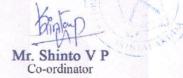


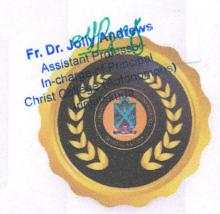




This is to c	ertify that				
	RANJITH	I.E R	of class	BVOC	
Reg. No	CCASBVI016	_completed the	value added course in	1	
	Managir	ng Emotions in Tim	es of Uncertainty and Stre	ss	conducted by
		English		held on	2019-2020

at Christ College (Autonomous), Irinjalakuda.







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1 his	15	to	certify	that

	RAHUL	K. R	of class	BVOC	
Reg. No	CCASBVI015	_completed th	ne value added course in _		
	Managir	ng Emotions in Ti	imes of Uncertainty and Stress		conducted by
		English		held on	2019-2020

at Christ College (Autonomous), Irinjalakuda.







This is to	certify	that	
		PUNEETH T R	of class

of class

**BVOC** 

Reg. No. completed the value added course in CCASBVI014

Managing Emotions in Times of Uncertainty and Stress

conducted by

English

held on

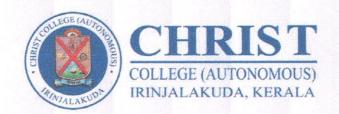
2019-2020

at Christ College (Autonomous), Irinjalakuda.









This is to c	ertify that				
	PRAVEEN S	SAJEEV	of class	BVOC	
Reg. No	CCASBVI013 completed to		the value added course in		
	Managir	ng Emotions in T	Times of Uncertainty and Stress		conducted by
		English		held on	2019-2020

at Christ College (Autonomous), Irinjalakuda.







Inis is to certify	tnat		
	NEERAJ M A	of class	BVOC

CCASBVI012 completed the value added course in

Managing Emotions in Times of Uncertainty and Stress

conducted by

English

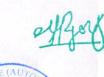
held on

2019-2020

at Christ College (Autonomous), Irinjalakuda.

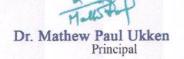


Reg. No.











This	is	to	certify	that
1 1112	13	w	COLUITA	LIILL

of class

**BVOC** 

Reg. No. CCASBVI011 completed the value added course in

Managing Emotions in Times of Uncertainty and Stress

conducted by

English

held on

2019-2020

at Christ College (Autonomous), Irinjalakuda.









A MAD AD CO	outing that					
	MUHAMMED	SHUHAIB	of class	BVOC		
Reg. No	CCASBVI010	_completed th	e value added course in			
	Managir	g Emotions in Ti	mes of Uncertainty and Stress		conducted b	71

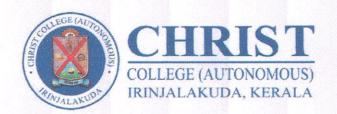
English held on 2019-2020

at Christ College (Autonomous), Irinjalakuda.

Mr. Shinto V P

This is to certify that





МОН	IAMMED SUHA	IL BADHUSHA	of class	BVOC	
Reg. No	CCASBVI009	_completed the v	alue added course in	n	

Managing Emotions in Times of Uncertainty and Stress conducted by

English held on 2019-2020

at Christ College (Autonomous), Irinjalakuda.

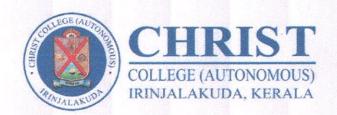
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Mr. Shinto V P

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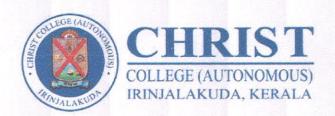
This is to c	ertify that				
	MOHAMED	FAHIZ	of class	BVOC	
Reg. No	CCASBVI008	ASBVI008completed the value added course in			
	Managir	g Emotions in T	imes of Uncertainty and Stress		conducted by

English held on 2019-2020

at Christ College (Autonomous), Irinjalakuda.

Mr. Shinto V P





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	HINAN SH	AROF	of class	BVOC	
Reg. No	CCASBVI007	_completed the	e value added course in		
	Managir	ng Emotions in Tir	notions in Times of Uncertainty and Stress		conducted by
		English		held on_	2019-2020

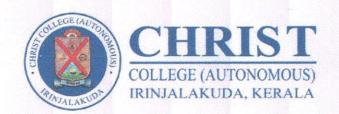
at Christ College (Autonomous), Irinjalakuda.



ayfford

Assistant Professor
In-charge of Principal
Christ College (Autonomous)
Irinjalakuda





	EDWIN N	IXON	of class	BVOC	
Reg. No	CCASBVI006	_completed t	the value added course in		
	Managir	ng Emotions in T	Times of Uncertainty and Stress	cone	ducted by

English held on 2019-2020

at Christ College (Autonomous), Irinjalakuda.



Mr. Shinto V P Co-ordinator

This is to certify that







This is to c	ertify that				
	DEVADATH	ANMS	of class	BVOC	
Reg. No	CCASBVI005	_completed t	he value added course in		
	Managir	ng Emotions in T	imes of Uncertainty and Stress		conducted by
		English		held on_	2019-2020

at Christ College (Autonomous), Irinjalakuda.

affery

Mr. Shinto V P Co-ordinator







This is to c	ertify that				
	ASWIN DILEEP		of class	BVOC	
Reg. No	CCASBVI004	_completed t	the value added course in		
	Managir	ng Emotions in T	Times of Uncertainty and Stress		conducted by
		English		held on	2019-2020

at Christ College (Autonomous), Irinjalakuda.



Fr De L'Andre MS

Sale of Price of Pric



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40	TITE	D	W
A)	HIK	r	A

of class

**BVOC** 

Reg. No. CCASBVI003 completed the value added course in

conducted by

English

held on

2019-2020

at Christ College (Autonomous), Irinjalakuda.





Managing Emotions in Times of Uncertainty and Stress



I his is to c	ertify that				
	ALDIN AN	TONY	of class	BVOC	
Reg. No	CCASBVI002	_completed tl	ne value added course in		
	Managir	ng Emotions in T	imes of Uncertainty and Stres	S	_conducted by
		English		held on	2019-2020

at Christ College (Autonomous), Irinjalakuda.







This is to	certify that				
	ACHARY VISW	AS VIJAY	of class	BVOC	
Reg. No	CCASBVI001	_completed the	e value added course in		
	Managin	g Emotions in Tin	nes of Uncertainty and Stress		conducted by
		English		held on_	2019-2020
G: .	o 11 ()				

at Christ College (Autonomous), Irinjalakuda.









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	ADTAT D	of alone	

Reg. No. CCASBVF025 completed the value added course in

Managing Emotions in Times of Uncertainty and Stress

\_conducted by

English

held on

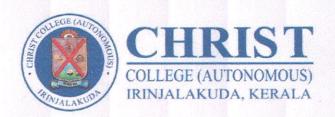
**BVOC** 

2019-2020

at Christ College (Autonomous), Irinjalakuda.

Mr. Shinto V P





	VISHNU VI	<i>JAYAN</i> of	class	BVOC	
Reg. No	CCASBVF024	_completed the value	added course in		
	Managir	g Emotions in Times of U	ncertainty and Stress		conducted by

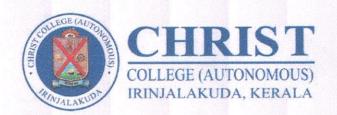
English held on 2019-2020

at Christ College (Autonomous), Irinjalakuda.

Mr. Shinto V P Co-ordinator

This is to certify that





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	T K AKSHAYK	RISHNA	of class	BVOC	
Reg. No	CCASBVF023	_completed th	ne value added course in _		
	Managin	g Emotions in Ti	mes of Uncertainty and Stress		conducted by
		English		held on	2019-2020

Mr. Shinto V P
Co-ordinator

at Christ College (Autonomous), Irinjalakuda.





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I his	18	to	certify	that

SUDHEESH C.SURESH

of class

**BVOC** 

Reg. No. CCASBVF022 completed the value added course in

Managing Emotions in Times of Uncertainty and Stress

conducted by

English

held on

2019-2020

at Christ College (Autonomous), Irinjalakuda.









	SRUTHI	C.S of class	BVOC
Reg. No	CCASBVF021	_completed the value added course in _	
	Managir	ng Emotions in Times of Uncertainty and Stress	conducted by

English held on 2019-2020

at Christ College (Autonomous), Irinjalakuda.



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This is to certify	that		
	SREERAINR	of class	BVOC

Reg. No. \_\_\_ CCASBVF020 \_\_ completed the value added course in \_\_\_\_\_

Managing Emotions in Times of Uncertainty and Stress \_\_\_\_\_ conducted by

English held on 2019-2020

at Christ College (Autonomous), Irinjalakuda.







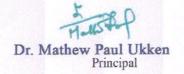
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I nis	18	to	certify	that

	SILPA P S	of class	BVOC	
Reg. No	CCASBVF019 completed	the value added course in	n	
	Managing Emotions in	Times of Uncertainty and Stre	ess	conducted by
	English		held on_	2019-2020

at Christ College (Autonomous), Irinjalakuda.









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1 11112	12	w	CULLITY	unai

	SANJAY	KK	of class	BVOC	
Reg. No	CCASBVF018	_completed the	value added course i	n	
	Managin	g Emotions in Tim	es of Uncertainty and Str	ess	conducted by
		English		held on_	2019-2020

at Christ College (Autonomous), Irinjalakuda.







Thic	10	to	certify	that
1 1112	19	w	CCILITY	mai

	SAJIR V	. s.	of class	BVOC	
Reg. No	CCASBVF017	_completed th	e value added course in _		
	Managin	g Emotions in Ti	mes of Uncertainty and Stress		conducted by
		English		held on	2010 2020

at Christ College (Autonomous), Irinjalakuda.







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	RAHUL I	M. R	of class	BVOC	
Reg. No	CCASBVF016	_completed the	e value added course i	n	
	Managin	ess	conducted by		
		English		held on_	2019-2020

at Christ College (Autonomous), Irinjalakuda.







This is to c	ertify that				
	NANDANA M	UKUND	of class	BVOC	
Reg. No	Reg. NoCCASBVF015completed the value added course in				
	Managin	g Emotions in T	imes of Uncertainty and Stress		conducted by
English				held on	2019-2020

Mr. Shinto V P Co-ordinator





This is to certify	that	
	NAHALA P.A.	of class

of class BVOC

Reg. No. CCASBVF014 completed the value added course in

Managing Emotions in Times of Uncertainty and Stress \_\_\_\_\_ conducted by

English

held on

2019-2020

at Christ College (Autonomous), Irinjalakuda.







11115 15 10 0	citily that				
MOHAMED ASLAM		ASLAM	of class	BVOC	
Reg. No	CCASBVF013	_completed t	he value added course in _		
	Managir	ng Emotions in T	imes of Uncertainty and Stress		conducted by
		English		held on	2019-2020

at Christ College (Autonomous), Irinjalakuda.



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	MANEESH	A K.M	of class	BVOC	
Reg. No	CCASBVF012	_completed t	the value added course in		
	Managin	g Emotions in T	Times of Uncertainty and Stress		conducted by

English held on 2019-2020

at Christ College (Autonomous), Irinjalakuda.



This is to certify that





This is	to	certify	that	
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JIYA JOY of class

**BVOC** 

Reg. No. \_\_\_\_ CCASBVF011 \_\_ completed the value added course in

Managing Emotions in Times of Uncertainty and Stress

\_conducted by

English

held on

2019-2020

at Christ College (Autonomous), Irinjalakuda.







This	is	to	certify	that	

of class

**BVOC** 

Reg. No. CCASBVF010 completed the value added course in

Managing Emotions in Times of Uncertainty and Stress

conducted by

English

held on

2019-2020

at Christ College (Autonomous), Irinjalakuda.

FATHIMA NIYA R.H







This is to certify th
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	BHARATH PI	RIYA T J	of class	BVOC	
Reg. No	CCASBVF009	_completed th	ne value added course in		
	Managin	ng Emotions in Times of Uncertainty and Stress		SS	conducted by
		English		held on	2019-2020

at Christ College (Autonomous), Irinjalakuda.









This	is	to	certify	that	
			CONTROL AND CONTROL		

AZMEER ZIAUDDIN M of class BVOC

CCASBVF008 completed the value added course in

Managing Emotions in Times of Uncertainty and Stress

English held on\_\_\_

at Christ College (Autonomous), Irinjalakuda.



Reg. No.





Dr. Mathew Paul Ukken
Principal

conducted by

2019-2020



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11112	15	w	Celtily	mat

AYSHA		4 of class	BVOC	
Reg. No	CCASBVF007	_completed the value added course in		
	Managir	ng Emotions in Times of Uncertainty and Stress	conducted by	

at Christ College (Autonomous), Irinjalakuda.

English







Dr. Mathew Paul Ukken Principal

2019-2020

held on



This	is	to	certify	that
A AAAN	20	-		STATES P

ANJANA JOHNSON

of class

**BVOC** 

Reg. No. CCASBVF006 completed the value added course in

Managing Emotions in Times of Uncertainty and Stress

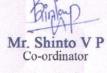
conducted by

English

held on

2019-2020

at Christ College (Autonomous), Irinjalakuda.









This	is	to	certify	that
A LALL	22	-	WWA WAA T	STTPS P

ANAMIKA P.S

of class

**BVOC** 

Reg. No. CCASBVF005 completed the value added course in

Managing Emotions in Times of Uncertainty and Stress

\_conducted by

English

held on

2019-2020

at Christ College (Autonomous), Irinjalakuda.











This is to	certify that				
	ANAKHA UDAYA	IRAJAN	of class	BVOC	
Reg. No	CCASBVF004	completed th	e value added course in		
	Managing 1	Emotions in Ti	mes of Uncertainty and Stress		conducted by
		held on_	2019-2020		
at Christ (	College (Autonom	ous), Irinjal	akuda.		

Mr. Shinto V P Co-ordinator





	AKHIL RAF	EEQUE	of class	BVOC	
Reg. No	CCASBVF003	_completed t	he value added course in	1	

Managing Emotions in Times of Uncertainty and Stress conducted by

at Christ College (Autonomous), Irinjalakuda.

Mr. Shinto V P Co-ordinator

This is to certify that



English



Dr. Mathew Paul Ukken
Principal

2019-2020

held on



This is to c	ertify that				
A	<b>DITHYAKRISH</b>	NA SIJIMON	of class	BVOC	
Reg. No	CCASBVF002	_completed the	value added course in		
	Managin	g Emotions in Tim	es of Uncertainty and Stress		conducted by
		English		held on	2019-2020

at Christ College (Autonomous), Irinjalakuda.





	ABLESON T V	ARGHESE	of class	BVOC	
Reg. No	CCASBVF001	_completed th	e value added course in		
	Managir	ng Emotions in Ti	mes of Uncertainty and Stress	conducted	l by

English held on 2019-2020

at Christ College (Autonomous), Irinjalakuda.



This is to certify that





This is to c	VISHNU	TP	of class	BSW	
Reg. No	CCASBSW031	_completed	the value added course in		
	Managin	g Emotions in	Times of Uncertainty and Stress		conducted by
		English		held on	2019-2020

at Christ College (Autonomous), Irinjalakuda.

Mr. Shinto V P

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	SURYA A	4 S	of class	В	SW	
Reg. No	CCASBSW030	_completed t	he value added course is	n		

Managing Emotions in Times of Uncertainty and Stress conducted by

English held on 2019-2020

at Christ College (Autonomous), Irinjalakuda.

Mr. Shinto V P

This is to certify that







I his is to certify that		
MELBIN BINOY	of class	BSW

CCASBSW028 completed the value added course in

Managing Emotions in Times of Uncertainty and Stress conducted by

English held on 2019-2020

at Christ College (Autonomous), Irinjalakuda.

Mr. Shinto V P

Reg. No.







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			Control of the Contro		

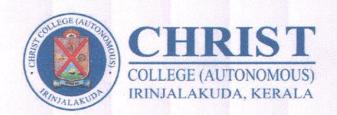
	LITHIN	. <i>T</i>	of class	BSW	
Reg. No	CCASBSW027	_completed t	the value added course in		
	Managin	g Emotions in T	Times of Uncertainty and Stress		conducted by
		English		held on	2019-2020

at Christ College (Autonomous), Irinjalakuda.

Mr. Shinto V P







	LAVISH SANTHOSH.M.S	of class	BSW	
Reg. No	CCASBSW026 completed tl	ne value added course in		
	Managing Emotions in T	imes of Uncertainty and Stres	S	conducted by
	English		held on	2019-2020

at Christ College (Autonomous), Irinjalakuda.

Mr. Shinto V P







This is to certify	y that		
	IEFIN TUATTII	of class	

Reg. No. CCASBSW024 completed the value added course in

Managing Emotions in Times of Uncertainty and Stress

\_conducted by

English

held on

**BSW** 

2019-2020

at Christ College (Autonomous), Irinjalakuda.

Mr. Shinto V P







This is to certify that		
ISAAC SABU THATTIL	of class	BSW

Managing Emotions in Times of Uncertainty and Stress

Reg. No. \_\_\_\_CCASBSW023 \_\_completed the value added course in

conducted by

English

held on

2019-2020

at Christ College (Autonomous), Irinjalakuda.

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This	is	to	certify	that
TITIL	TO	LU	OUT TITLY	PITTOR

of class

BSW

Reg. No. CCASBSW021 completed the value added course in

Managing Emotions in Times of Uncertainty and Stress

conducted by

English

held on

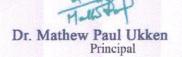
2019-2020

at Christ College (Autonomous), Irinjalakuda.

Mr. Shinto V P









This	is	to	certify	that
AAAM	450	~~		STT SA

	FARISA	. K	of class	BSW	
Reg. No	CCASBSW020	_completed the	e value added course i	n	
	Managin	g Emotions in Tim	nes of Uncertainty and Str	ess	conducted by
		English		held on_	2019-2020

at Christ College (Autonomous), Irinjalakuda.







I his is to certify	y tnat			
	ASMA P M		of class	BSW

Reg. No. CCASBSW019 completed the value added course in

Managing Emotions in Times of Uncertainty and Stress conducted by

English held on 2019-2020

at Christ College (Autonomous), Irinjalakuda.







This is to	certify	that			
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of class

**BSW** 

Reg. No. CCASBSW018 completed the value added course in

Managing Emotions in Times of Uncertainty and Stress

conducted by

English

held on\_

2019-2020

at Christ College (Autonomous), Irinjalakuda.

ANN SONA SUPRIYAN







This	10	to	certify	that
I mis	15	w	certily	ınaı

	ALEENA R	AJAN	of class	BSW	
Reg. No	CCASBSW016	_completed th	e value added course i	n	
	Managin	g Emotions in Ti	mes of Uncertainty and Str	ess	conducted by
		English		held on	2019-2020

at Christ College (Autonomous), Irinjalakuda.







	AJSAL AB	BAS	of class	BSW
Reg. No	CCASBSW015	_completed	the value added course in	

Managing Emotions in Times of Uncertainty and Stress conducted by

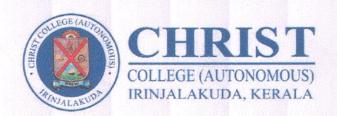
English held on 2019-2020

at Christ College (Autonomous), Irinjalakuda.



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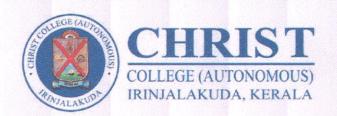
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	ABHISANKA	IR M D	of class	BSW	
Reg. No	CCASBSW014	_completed th	e value added course in _		
	Managin	g Emotions in Ti	mes of Uncertainty and Stress		conducted by
		English		held on	2019-2020

at Christ College (Autonomous), Irinjalakuda.







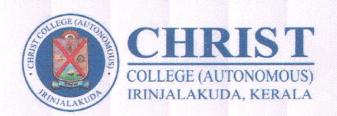
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	AARCHAKRIS	HNA T R	of class	BSW	
Reg. No	CCASBSW013	_completed th	ne value added course in	1	
	Managin	g Emotions in Ti	mes of Uncertainty and Stre	ss	conducted by
		English		held on_	2019-2020

at Christ College (Autonomous), Irinjalakuda.







	V ANANDH	URAM	of class	BSW	
Reg. No	CCASBSW012	_completed t	he value added course in		

Managing Emotions in Times of Uncertainty and Stress \_\_\_\_\_ conducted by

English held on 2019-2020

at Christ College (Autonomous), Irinjalakuda.



This is to certify that





	SOORYA MAHA	ADEV M.S	of class	BSW	
Reg. No.	CCASBSW011	completed the	value added course	in	

Managing Emotions in Times of Uncertainty and Stress \_\_\_\_\_ conducted by

English held on 2019-2020

at Christ College (Autonomous), Irinjalakuda.

Mr. Shinto V P
Co-ordinator

This is to certify that





This	ic	to	certify	that
1 1112	LO	LU	COLUITA	LILLUL

	RHISHIM	4 T S	of class	BSW	
Reg. No	CCASBSW010	_completed th	ne value added course in _		
	Managin	g Emotions in Ti	mes of Uncertainty and Stress		conducted by
		English		held on_	2019-2020

at Christ College (Autonomous), Irinjalakuda.

Mr. Shinto V P





	JEFRI	N of class	BSW	
Reg. No	CCASBSW008	_completed the value added course in		
	Managir	g Emotions in Times of Uncertainty and Stress	conduc	eted by

at Christ College (Autonomous), Irinjalakuda.

English



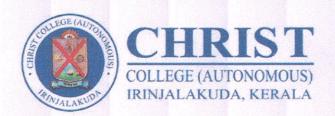
This is to certify that



Dr. Mathew Paul Ukken
Principal

2019-2020

held on



This	is	to	certify	that
TITIO	77	w	COTTITI	CHILL

	DONA JO	OSE	of class	BSW	
Reg. No	CCASBSW007	_completed th	e value added course in		
	Managin	g Emotions in Ti	mes of Uncertainty and Stress	S	conducted by
		F1:-1		hold on	2010 2020

at Christ College (Autonomous), Irinjalakuda.







	ASHWIN R CH	ANDRAN	of class	BSW	
Reg. No	CCASBSW006	_completed th	e value added course in	COLUMN W.	
	Managin	g Emotions in Ti	mes of Uncertainty and Stress		conducted by

at Christ College (Autonomous), Irinjalakuda.

English



This is to certify that



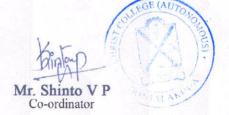
Dr. Mathew Paul Ukken Principal

2019-2020

held on



	AIRIN J	<i>OY</i> of	class	BSW	
Reg. No. CCA	CCASBSW005	_completed the value	added course in		
	Managin	g Emotions in Times of Un	certainty and Stress		conducted by
		English		held on	2019-2020







	VISHAAL W	TLSON	of class	BSW	
Reg. No	CCASBSW004	_completed tl	he value added course in _		
	Managin	g Emotions in T	imes of Uncertainty and Stress		conducted by
		English		held on	2019-2020

at Christ College (Autonomous), Irinjalakuda.

Mr. Shinto V P

This is to certify that



Seistan Professorincharge of Principal act Colege (Autonomous)



Reg. No			e value added course in mes of Uncertainty and Stress		conducted by
Dog No	CCASPSW003		of class	DSW	
	LUNIUM ADINA	LUNCENT	-6-1	BSW	

at Christ College (Autonomous), Irinjalakuda.

English



This is to certify that





Dr. Mathew Paul Ukken Principal

2019-2020

held on